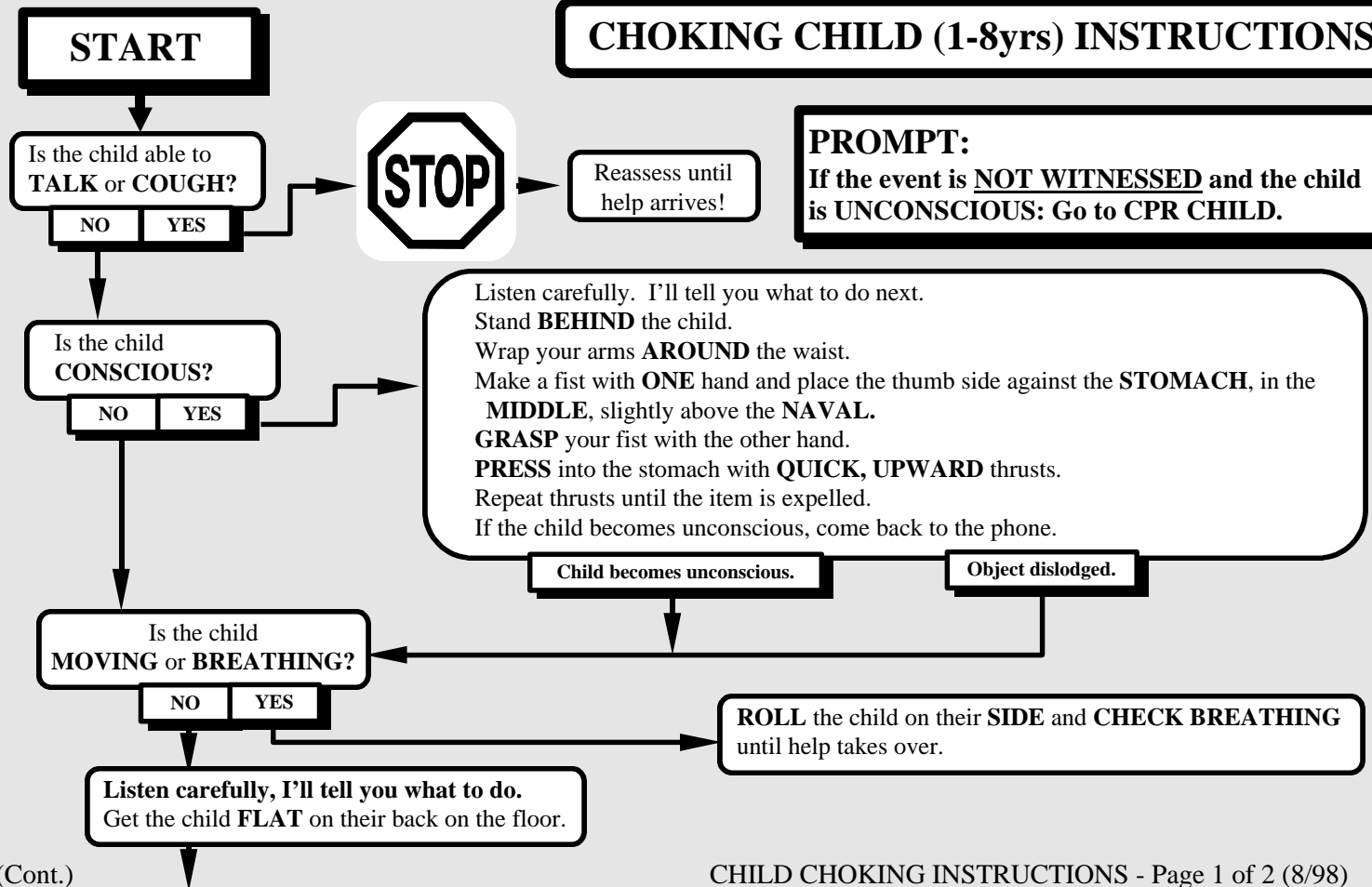


# CHOKING CHILD (1-8yrs) INSTRUCTIONS

## PROMPT:

If the event is **NOT WITNESSED** and the child is **UNCONSCIOUS**: Go to CPR CHILD.



(Cont.)

(Resume)

**PINCH** the nose **SHUT**. With your **OTHER** hand, **LIFT** the **CHIN** so the head **TILTS BACK**.  
**COMPLETELY COVER** their mouth with your mouth.  
**GIVE TWO SLOW BREATHS OF AIR** into the child's **LUNGS**--just like you're blowing up a balloon.  
Watch to see if the **CHEST GENTLY RISES**.

Did the **CHEST RISE**?

**NO** **YES**

Repeat sequence **one more time** then proceed.

Is the child  
**MOVING** or **BREATHING**?

**NO** **YES**

**ROLL** the child on their **SIDE** and **CHECK BREATHING** until help takes over.

**GO TO CHILD CPR INSTRUCTIONS**

**CPR ENTRY POINT**

**BARE** the chest and **STRADDLE THE CHILD'S LEGS**.

Place the **HEEL** of your hand against the stomach, in the **MIDDLE**, slightly above the **NAVAL**.  
Place the second hand directly on **TOP** of the first hand. **PRESS** into the stomach with **QUICK, UPWARD THRUSTS**.  
Do five of these thrusts, then come back to the phone, if I am not here, stay on the line.

Lift the **CHIN** so the **HEAD TILTS BACK**.  
**OPEN THE MOUTH**. If you see something, try to sweep it out. **DON'T** push the object backwards.

Is the child moving or breathing normally now?

**NO** **YES**

**ROLL** the child on their **SIDE** and **CHECK BREATHING** until help takes over.